

Atlantis Rising

NEWSLETTER

OCTOBER 2026

Hot Wax & Sky Clad

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The Red Door - book review

Atlantis Rising

Dear Readers,

We have made it to our third issue, thank you for being part of this adventure in publishing. The purpose of this newsletter is to provide information on some of our own personal practices and experiences on various mystical paths. In a *legal regard*, we want to say that everything in this publication is presented as entertainment. The information here is not meant to convince anyone of anything or diagnose or treat and problems that a person may have.

The content we share is based on our own understanding, research, and experiences up till this point in time. However, everything and anything may change in the next moment. It is important to recognize that knowledge and perspectives can, and do, evolve over time and with experience.

We encourage you to use the information provided here as a starting point for your own exploration and research. It is essential to engage critical thinking and consider multiple sources in order to develop well-informed opinions. Above all, any work in a mystical path requires that you, become the expert student; rely on your own experiences and work to realize some sort of validation.

Our intention is to foster a community of learning, sharing, and personal growth that leads people to an expansion of consciousness and awareness. We are not liable for anything untoward that may come about from any information that is presented. All information found here is solely for the purposes of entertainment. Any healing information is derived from anecdotal sources.

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If you like the work and want to pass it along to your friends, please feel free to use this link so that people can go and download the PDF. This is the best way to share this because the file is too big to email out to other people.

Thank you again for helping this project expand and for being a part of our community.

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Dedicated to providing information for Living a Magickal Life Naturally

Author: Alexander Nemo

—Sky-clad or Clothing—

Hot wax anyone

Well, what can I say? There is just soooo much potential for so many good jokes in this article that I don't know if I will be able to resist. I'm pretty sure I will end up caving in and waxing on the strange side of the hot wax jokes so please be patient and try your best not to snicker or say. . .EWwwwww.

Sky-clad, is a common term used by the Wiccan community for doing magickal work, usually ritual work, while in the nude. Let me tell you that there is not a single person that needs a thermometer to tell them it's cold outside. (the tacky jokes begin)

Why is Sky-clad considered to be a preferred way to perform ritual? For the Wiccan community the answers vary. It depends on the coven, where they are located and who you ask. Here are some of the most common answers I got.

- ★ We came into the world Sky-clad and therefore we should be so in front of the Lord and Lady.
- ★ Taking our clothes off is a way putting away our everyday lives and being us.
- ★ Being Sky-clad allows us to feel the energy all over our bodies.
- ★ Being Sky-clad is a celebration of our natural state of being.
- ★ Taking off our clothes is like removing our egos.
- ★ Sky-clad makes you more humble.
- ★ Being barefoot on the earth and feeling moonlight on your skin just feels great.

I can't argue with any of those things. Even though I have done lots of rituals outside in the open air I have never worked sky-clad except once. This is the story I am going to share with you here. The names have been changed to protect the innocent. Without a doubt the experience was worth having and I did learn a good bit about myself. Plus, if I never did it I wouldn't have this great story. A good story is worth paying almost any price.

It was almost a full moon in May. It was a perfect spring in the North East even though there were still some cool nights. My friend Cindy, said, "Hey Alex, why don't you come to our full moon ritual with my group. You'll enjoy it. There is only 5 or 6 of us and you sort of know everyone."

I eyed her suspiciously but when she looked at me, I just got lost in Cindy's eyes and before I knew it I said, "O.K, I'll come." Little did I know what I just stepped into. I was used to doing solo magick work but I had never done a full moon ritual with a group of people. I was about 25 years old at the time and I was fearless, or so I thought; I never thought I was about to learn a new definition of fear at the hands of 4 woman and two crazy guys. As long as Cindy was there, I thought, *how bad can it be.*



As soon as Cindy woke up, she shook me awake and said, “today’s the day, full moon ritual tonight.” The words didn’t penetrate right away because I’m not a morning person and there was no coffee in my system which would have allowed me to make sense of what she just said.

“That’s great, looking forward to it.” I mumbled.

“I’ll go make breakfast”

Mmmm breakfast, breakfast sounds good. I stumbled off to the shower as Cindy threw on a Libana tape and bounced around the kitchen happily singing along; she was beautiful.

The day blew by and zero hour came. Everyone showed up at the house with their full moon equipment. There were cloaks, cauldrons, chalices, incense and bug repellent; all the necessities. I

knew everyone, well at least by sight and now I learned their names, well I tried to learn their names but I am terrible at that. The nicknames they would have by the end of the night would stick forever in my memory though.

There was Cindy, Elsbeth, who was Vicky’s teenaged daughter, John, Joe, Sharon and yours truly; so far so good. Instead of taking separate vehicles, I volunteered to have everyone pack into my van. We all set off for our adventure that was taking place in a local state park. It was a nice place, a secluded place and they they always used for their moon rites.

We arrived and headed off through the woods. The girls started singing a chant that I heard Cindy singing this morning. “The earth, the air, the fire, the water, return, return, return, return.” The guys joined in and I tried to follow along without messing them up; the melody evolved into a spacey sounding round. It was fun. It morphed somehow into a moon chant about silver blue light and the goddess dancing on the beams. I listened intently as the melody wove its magick over the walk; the wood was alive with glowing light.

We arrived at the ritual location and everyone, that knew what they were doing—which left me out of the activity—set up the ritual props: cauldron, candles, and incense. Cindy broke out the tea she made that morning; “Mugwort tea” she said, as she poured it into the main cauldron in the center of the circle “is a perfect moon energy condenser.”

We stood, surrounded by willow trees with a mix of some birch and maples scattered among them. The moon shone down as it hung high and bright in the sky. The ground we were on was slightly raised above a very shallow spring fed pond, which was ringed by a shallow bank covered with leaves and moss. Everything was wet and slick from rain shower earlier that evening. There was no noise except for the night birds and crickets. They all moved efficiently while they finished setting things up. Then, then the unthinkable happened. Cindy pulled back her hair and stripped out of her shirt and then her sweat pants. I was speechless. Everyone had lost their minds and were all undressing. I thought to myself that someone must have laced the *Kool aid* with something and I didn’t get any. But . . . NOOOooooo. “Cindy! What are you doing?”

With a look of calm innocence she said, “we work sky-clad, you know; naked. Didn’t I mention that? I know I told you about it this morning.”

“Ah, no. . . you didn’t. If you did it was before coffee and doesn’t count.”

“It’s o.k. just stop being a baby and get undressed, no one will notice anything.” The way she said, “anything” sounded like she was telling a big fat fib; I was outnumbered: told to stop being a baby and shown up by everyone else’s naked bravery. I undressed and put my clothes in a pile while I made believe I was fine with the whole thing; I could do this! If I had known about this little sky-clad stipulation, I would have worn sweat pants in commando mode like Cindy did, but as it stood, being uniformed, placed me in a position where I had to hop around on one foot to get my jeans off. The last modicum of dignity died as I hopped around trying not to have my underwear get full of leaves and dirt. The thought of being able to maintain some air of “coolness” was now totally shot to hell; my coolness was mortally wounded and needed to be put down.

We gathered in a circle by the pond and Vicky instructed us in what to visualize during her invocation of the goddess. Elsbeth walked the circle around us to cast us inside it and I did my best not to notice the very pretty naked girl walking by me three times. Baseball, I needed to think about baseball, it was like doing mental gymnastics to remain ah . . . calm and detached. Yeah, detached. Don't think about naked women, don't think about naked women. Oh jeez, I didn't have to think about them they were right in front of me and they were. . . healthy women. *Help me Goddess not make a fool of myself; I'll offer you flowers myself next month; I promise.*

Vicky's voice rose in invocation to Diana. The silvery moonlight seemed to intensify where we stood and the air began to feel thick. She called the goddess with all her heart and described her in detail. She held a satchel of flower petals sacred to the goddess, and strew them about our feet as she continued her call. The cauldron filled with mugwort tea sat in the middle of the circle and had begun to glow with moon energy. Vicky petitioned the goddess to bless it with more of her energy and the cauldron responded by glowing even more vibrantly. John walked the circle with some sort of floral scented incense to signify the conclusion of this part of the ritual. Once he circled us three times, he went back to his place.

My lovely Cindy walked forward to the center of the circle. "Behold the blessing of the Goddess Diana. She took a sip from the cauldron and proclaimed, "The goddess is present, come forth and partake of her wisdom and love."

One by one, everyone walked forward with their chalice and Cindy poured out the blessed tea. Everyone returned to their places. Cindy raised her chalice into the moonlight and said, "Hail Diana, thank you for your blessings and inspiration." The group answered in kind and everyone drank their tea. "Hail Diana, Thank you Diana, Blessings to Diana." They all intoned together.

After they drank they all started to sing a song about the circle being unbroken. While they were singing I kept on hearing a laughter that sounded like small silver bells tinkling in the air; it was clear crisp vibrant sound but I didn't know if anyone else heard it. After the chant was finished, everyone was supposed to sit down and do their meditations while in touch with the energy granted to them by the Goddess. Cindy moved to dissolve the circle to let everyone out so that they could do their solitary meditations; it was at this moment that stuff started happening.

Vicky broke in a scream that sounded like someone was killing her. "Get it off, GET IT OFF!" She was screaming; as she screamed she was spinning around trying to reach something on her shoulder. On the third spin, she managed to ass-check her daughter, Elsbeth, so hard that she ended up sliding down the shallow bank of the pond; she disappeared with a small squeak and a splash never to reappear. I was ready to run toward Vicky but at that point Joe said, "Vicky! Relax, it's just a frog." His words did not have the calming



affect he was hoping for; the screaming and spinning escalated. "EEEEEEEEEEK a frog is attacking me." John rushed to her rescue and get what was now a terrified frog, off her. Cindy ran in at the same time but Vicky accidentally hit her with a cocked elbow as she spun around again. Cindy went down to the ground with a whump. Vicky finally got hold of the frog and launched it. She threw it like a major league pitcher pitching a fastball. It whizzed by my head at almost warp speed. I swear I could hear the frog

scream as it flew by. In its little froggy brain, it knew that frogs should not be moving that fast and the end result could only be bad. I petitioned the goddess for the frog's safety as it flew by but my hopes were shattered as I heard the squishy splat of the frog as it experienced a very brief, profound Zen moment, when it became one with a tree; it never had a chance; the tree, on the other hand, was nonplussed. I imagined that the "flying" didn't bother the frog, it was the very sudden stop.

Everyone gathered around Cindy, trying to see if her nose was broken. Elsbeth was still in the pond splashing about so I went to try to help her out. She kept on slipping on the thick covering of wet leaves that built up on the bank. I slid down close and grabbed her hand. As she said, thank you, she slipped again and I ended up on top of her in the cold water. Did I mention that the water was COLD! Finally, I managed, once again, to get some solid footing, stood up, and put Elsbeth in front of me. It was right then when I felt something squirming under my foot. I pulled my foot out of the water fast and instantly lost my balance. Instinctively I grabbed for the most stable thing there was, which unfortunately, happened to be Elsbeth. I started to fall over and my hands slid down her back and ended up on her hips; I tried desperately to stay out of the cold, COLD water. I fell over backward and it was Elsbeth's turn to be on top. Once again, I want to emphasize that the water was very cold. There we were, me on the bottom in the COLD water and Elsbeth,

sitting on top, facing away from me. For a moment, we were mortified, then we simply dissolved into hysterical laughter. Vicky, attracted to the laughter, came over to where we were. She looked down at the both of us. "Elsbeth Ann, (yeah, she got the "both name treatment") stop playing around and let Alex get up. We started laughing harder, Elsbeth off of me sideways and, once again, splashed into the water.

By now I had totally given up about being worried about being naked plus there wasn't much for the naked eye to see because, as I said before, the water was cold. Thank the Goddess that moonlight does not lend itself to revealing a full on red blush. The cold water made me even more aware of the heat in my face. I was finally able to get up, without laughing and once again put Elsbeth, in front of me. I pushed her up the slippery bank, then I had to sort of laydown on the bank and roll out of it. On the good side of things Elsbeth and I were no longer naked, we were covered head to toe with sticky wet slippery leaves.

We made it out of the pond and then, just when I thought it couldn't become more ridiculous, John came running full speed toward us. Right behind John was a young buck that

appeared to be after him. Cindy was up now and she yelled out. Stop running and he won't chase you. "Cindy, it's not a bear, it's a buck." "Oh, does that make a difference?" she asked. To tell you the truth I didn't know but I would be running either way if it was me. I heard that if you run zig zag patterns when being chased by an animal that it was safer but, I think that's only if you're being chased by an alligator.

I never heard of a deer running after a person. It was like a scene out of Bugs Bunny and it was "Wiccan season." Thankfully John ignored her; he managed to scramble up a tree and the deer just ran past.

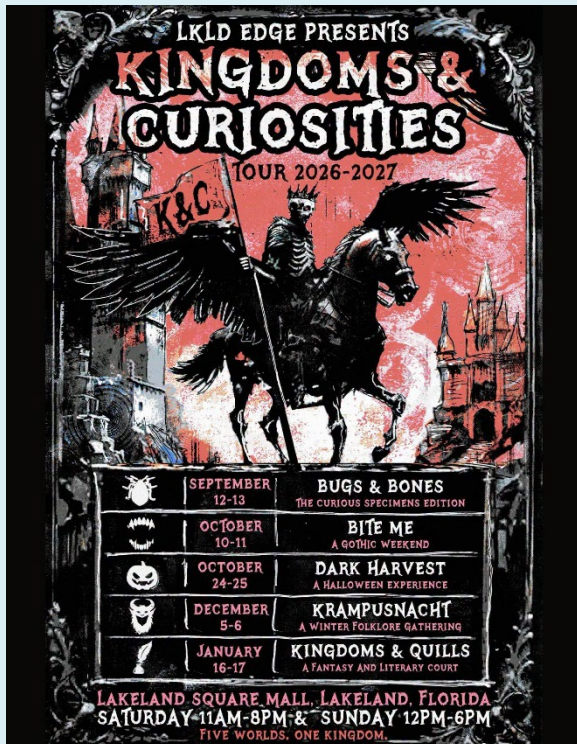
Sharon yelled out, Cernunnos was visiting or he's practicing for an early rutting season." Sharon had only been to two other moon rituals before and she just stood there with her eyes wide and stuck in place. Joe chimed in with "stop teasing the wildlife John." Once John made his way out of the tree, he came over to me with a big smile on his face and asked me for a band-aid. "Dude, you're going to need more than one and I am not going to help you put them on." He looked down and said, "Oh, I see your point."

I heard the tinkling of bells again and asked Cindy, "Did you hear that?"

"Huh, what did you hear?" I looked at her doing my best not to start laughing again; she was covered in leaves and some melted wax; twigs stuck out of her hair like a crown and said,

"Nothing, it must have been just my imagination. Let's get you some clothes, it's cool outside."

Vicky started cackling, "That poor frog, I feel so bad but it attacked me. Do you think it's all right?"



“The frog had it coming Vicky, don’t worry about it, it didn’t feel a thing. I don’t know about the tree though. It’s going to take a few rain storms to wash the splat mark away.” Sharon chimed in, “Hey, I have some chalk in my ritual bag, do you want to do a body outline at the frog’s murder scene.”

We all broke down in laughter while we gathered up our clothes and got dressed.

“What did you hear before?” Cindy asked me again. “I think, well, this is going to sound weird but, before this all started I think I heard a girl laughing.” “Oh, that is just Great; the goddess has a sense of humor.” Cindy hugged me and asked coyly, “Are you going to come to our next full moon ritual?”

“Sure, wild horses couldn’t keep me away.”

“Shhhush, be quiet, are you crazy? Don’t give the goddess any ideas.”

WE all walked back to the van, laughing, chanting and tending the wounds from our full moon adventure.

These are the things I learned about being Sky-Clad.

- ★ Taking off your clothes, in the woods, in spring, is equal to turning on the “Open for Business sign on an all-night diner. Basically, you become a human bug light minus the zapper.
- ★ Ego can, and does kick in until you get used to everyone or get totally caught up in the ritual. I was very distracted at first.
- ★ Thank the Goddess that being a “grower or a shower” is a good mental defense against “trying to measure up. But in the dark, you’re sort of safe. . . sort of.
- ★ In the back of your mind, you intuitively know that girls have mystical ways of knowing. . . things. They are kind enough to not speak about . . . things, until we are out of earshot.
- ★ Hot wax might feel good to some folks when applied on purpose but, when it happens any other way, especially if you are the victim of your own clumsy handling of your own candle, it’s not a good thing.
- ★ The goddess has a sense of humor and therefore loves a good laugh. Try to be a good sport when you are the victim of her hijinks.

Lastly and most importantly:

- ★ Mosquitos are mean. They have no compunction about where they suck blood from or how long they stay. Be careful about mindlessly slapping a biting mosquito without looking first. OW!
- ★ The advertising “Ribbed for her pleasure” probably originated from Sky-clad Wiccans coming back from outdoor ritual. “Bumpy for her pleasure, the original rough riders.” Jeez, the things we do for our partners.



Beings who were *respectfully* mentioned in this article.

Diana is a fertility goddess invoked by women to aid conception and delivery. Originally an indigenous woodland goddess, **Diana** early became identified with Artemis. There was probably no original connection between **Diana** and the moon, but she later absorbed Artemis' identification with both [Selene](#) (Luna) and [Hecate](#).

Diana is the guardian of childbirth. She was also considered the protector of the lower classes, especially slaves; the Ides (13th) of August, her festival at Rome and Aricia, was a holiday for slaves. Another important center for the worship of **Diana** was at [Ephesus](#), where the [Temple of Artemis](#) (or **Diana**) was one of the Seven Wonders of the World. In Roman art, **Diana** usually appears as a huntress with bow and quiver, accompanied by a hound or deer.



During my career as a spiritual advisor, I have mentored people by providing clarity & support.

Tarot, Oracle and messages from spirit are used during sessions. I offer private readings, in-person, Zoom or phone. House parties are available.

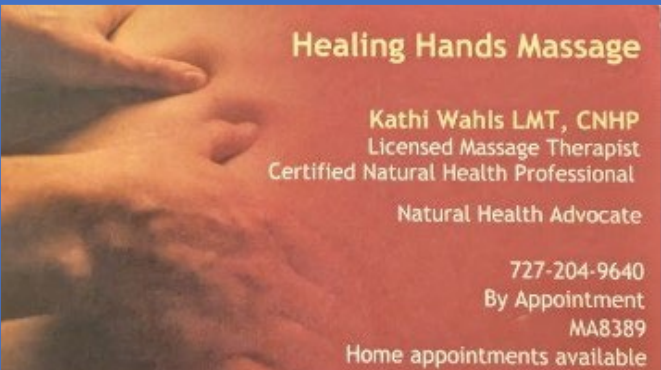
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It's Not Just a Phase

Featured in Moon Cycle Living Class for Self-Healing
presented by Sultania Spirit, founder of Self Healer Society



Moon Mapping

- By Sultania Spirit

You align with the eight phases of the Moon to create aims for your life and then bring them to fruition.

As the Moon's light grows during the waxing phase, we should begin projects in which expansion, growth and gain is heralded.

[Dark Moon –first day of New Moon cycle → Full Moon]

Alternatively, when the Moon's light is decreasing during the waning phase, we should focus on activities in which reduction, getting rid of and resolving is the goal.

[Full Moon → last day of the Waning Crescent]

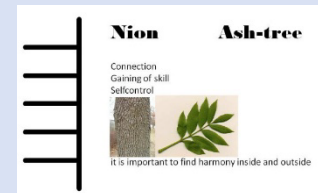
This helps us to understand when it's the right time to create and refine an intention, embark upon concerted action, be illuminated by what we create, share acquired knowledge with others, take final steps to hone the structure of our creation, and then take a break, inviting rest and renewal.

THE ASH TREE



Origin: Ash trees (*Fraxinus* genus) originate from across the Northern Hemisphere, with different species native to North America, Europe, and Asia

Planet: Corresponds Neptune and the Sun. Sometimes Linked to Uranus and Mercury



Element: Fire & Water in general a balance of masculine and feminine

Deity: Godin, Melia in Greek myths. The fates live under the ash tree. Lugh also.



Magickal uses: Various practices to promote change, protect spaces and transform the self.

Healing properties: Strong diuretic in tea form or capsules, Anti-inflammatory and mild laxative.

Interesting facts: Norse Cosmos (Yggdrasil): In Viking mythology, the giant ash tree Yggdrasil connects the heavens, the earth, and the underworld. The chief god Odin also hung from its branches for nine days to gain cosmic wisdom and the runes.

Warning: No plant or resin should be ingested or used unless under supervision of a licensed practitioner.



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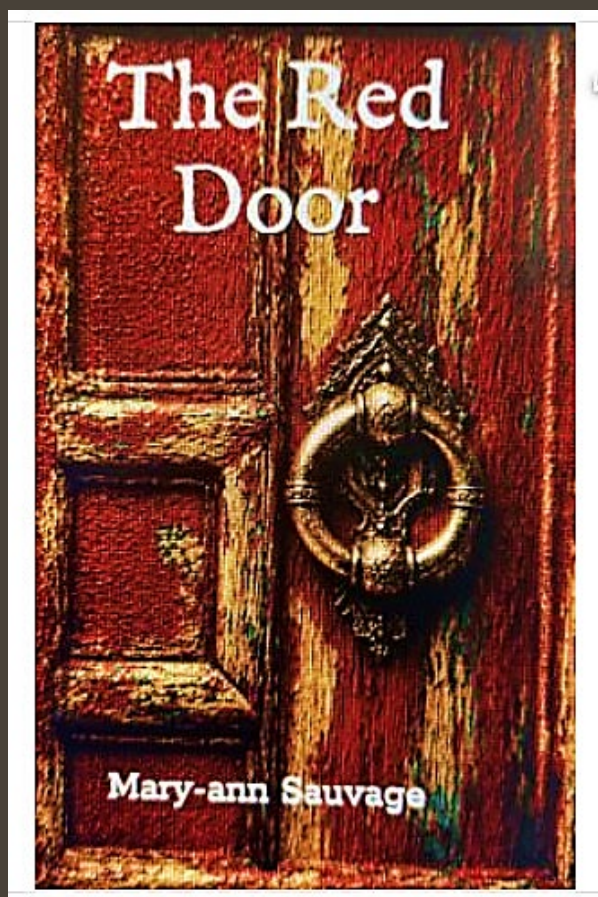
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Review by
Sultania Spirit

The Red Door



From start to finish, I didn't want to put this book down. The characters were all going through their own obstacles along with working together to bring healing beyond their perceived limits. There were concepts incorporated of what it is like to experience a spiritual journey: facing one's shadow-self, feeling lost and looking for guidance through a journey of constant unknowns.

The blind musician character, Jonas, struck a chord of my interest as the journey unfolded behind the Red Door. His intuitive guidance and support played a significant role; that we are never alone. We alone make our choices, however it's nice to know someone of wisdom to get us through perceptions that are difficult to discern. Every time Jonas plays a note of his violin, it sent chills up my spine as I continued to read. Music and vibration is a universal language, even if it's only described on paper. It always played truth.

As a spiritual advisor, I would highly recommend all audiences read this novel to experience the journey of these very relatable characters and how they were able to face their challenges. It's time to enter The Red Door's call.
[Click here to go to Amazon or Search for Mary Ann Sauvage](#)

A Magickal Peppermint exercise. A perfect time of year for an uplift.

Peppermint is the star of this article. The image to the right is of a peppermint plant. It is always nice to know what the plant looks like that we're talking about.

Peppermint is an active alignment; some people say that it is fire aligned while others say that it's aligned with the element of air. Regardless of the opinions of what the alignment is we are going to give you a cool magickal tool that you can use for yourself and to help other people—without getting into any karmic trouble—remove some darkness from their lives.



In order to help you accomplish your goal by using this exercise, you should have at least a basic understanding of a couple of basic concepts such as: what visualization is and how it works, what a magickal action is and a basic grasp of sympathetic magick. If you don't have these then you will just have to work with good intentions.

When I first was told about this magickal tool the person described it as if they ate a very large Peppermint Patty candy. The instructions given to me were as follows: "If you know someone who is having a bad day or in a dark mood and needs to see past their own limitations and their own self-created astral and mental garbage, you can help them with this technique. You can even help yourself, which is always nice too. The nice thing about the way this method works is that it does not impinge on a person's free will or ability to choose. This means that you cannot get into any karmic trouble. If you help someone overcome a negative mood or perspective which has them entrapped them, by helping them gain a fresh perspective or just infusing positive energy into their energy system, you are in the karmic clear. How do you go about doing this? Check it out.

First: Visualize the person you want to send energy to. Hold their image in your mind's eye and make sure the contact is strong and clear. This is a form of astral contact. You can even ask them for permission to help them before you begin. After you have made contact take your peppermint patty candy (peppermint patty has real peppermint in it) and take a bite. (Of course, you can use some real peppermint leaves to do the same thing with but the candy tends to travel better and stays in your refrigerator longer without going bad.) With each bite of the candy the flavor and scent from the peppermint will permeate your senses. At this point you will be able to send the person the energy, flavor and coolness of the peppermint to the person you're visualizing. Combine the thought of sending the energy out with your exhalations. See, feel and imagine a cool blue-ish silvery light going to from you to your subject, see it entering their aura structure. Visualize the energy that you sent going into your target's aura and clearing out all the dark heavy energy that is hampering them. The clearing of that energy will leave them with a refreshed, light feeling thus enabling them to gain a fresh perspective and view their problem with new insights overcome the dark mood they are in.

The magickal peppermint tool as described above is an absolutely great tool. It is safe and fun to use and usually produce verifiable results pretty quickly. Verification of psychic exercises goes a long way in helping fuel a person drive to keep moving forward and striving upwards. As an afterthought, please remember that in order to gain proficiency with magickal tool or technique you must and practice with it, there are no instant *magick words* to make something work or happen. Expanding into the use of magick takes dedication, perseverance, openness and the desire to move toward personal freedom.

The important thing that this exercise brings to light is your ability to discover all sorts of cool stuff by using *magickal skills* in order to turn inward and become aware of how herbs, food, and essential oils affect us on more than one level. How do you think the shamans found out which herbs to use to heal sickness. There are other methods, that I can't cover here, that will allow an experienced practitioner to uncover truly in-depth knowledge about the healing and magickal properties of plants; there is always a way to go to a deeper level.

Remember, You are the Magician, You are the healer.

Cleansing Crystals

Featured in Chakra Crystals for Self-Healing Class

By Sultania Spirit

Founder of Self Healer Society

- + Discover methods like water, salt, sound, and sage cleansing to restore your stones' energy and enhance their healing power. Perfect for maintaining the vibrational balance of your crystals.
- + Use Your Mind, Focus, and Intention
- + With continuous practice, you will learn to 'feel' the energy of the crystals, and the crystals will help you relax and guide your intention when you are working with them.
- + You can also try to visualize the energy flow.



Palo Santo: Used to smudge crystals as a cleansing method



Water Cleansing Method

- + The essence of this method is 'washing' your crystals in water.
- + Some crystals (for example, malachite and selenite) should not be cleaned with water. Water can cause an unwanted reaction due to the stone's molecular structure. Some gemstones can form cracks or even break, especially if the stone is already cracked.
- + It is important to emphasize the quality of water you use for cleansing your stones. Water has its energetic properties and must be energetically clean to work effectively.
- + Hold the crystal between your fingers and swipe it left and right while holding it just under the surface of the water. Imagine the negative energy dissipating between the bubbles and waves you create.

Salt Cleansing Method

- + Salt is a mineral with protective and cleansing properties. It has a tradition in various folklore beliefs and shamanic healing ceremonies, and it is believed that salt deflects harmful energies and brings protection.
- + You can clean your crystals by placing them on dry sea salt piled around each stone, or you can nestle each piece in its little mound of salt in a large bowl or plate. Leave them so for a day or two, but be aware that sea salt can damage the surface of many softer stones.
- + To take it a step further, you can mix the salt with different herbs and plants, such as sage, rosemary, or thyme.

Sound Cleansing Method

- + Crystals can be reset with loud sounds that shake its frequency, and the crystal will reset itself to its natural vibration.
- + Types of sound instruments include: tuning fork, Tibetan singing bowl, crystal singing bowl, struck bell, gong, computer generated sounds, rattles and drums.
- + Before using a sound instrument, always state your intention! Say something like: "Let the sound cleanse you of all negative and foreign energy, and restore your original vibration!"
- + When using a sound instrument, imagine the sound waves traveling through the crystal, cleaning it of harmful and unnatural vibrations, and resetting it to its core frequency and vibration.

Smudging Cleansing Method

- + Smoke from natural incense made from sage or rosemary is a very efficient energy purifier.
- + Also very good are dry sticks of the Palo Santo tree (In Picture Shown) and indigenous tobacco (Nicotiana rustica), also known as 'Mapacho.'
- + Just hold the gemstone above the burning sage incense or blow Mapacho smoke into it, and envision the smoke blowing away all harmful energies, cleaning the stone, and protecting it.

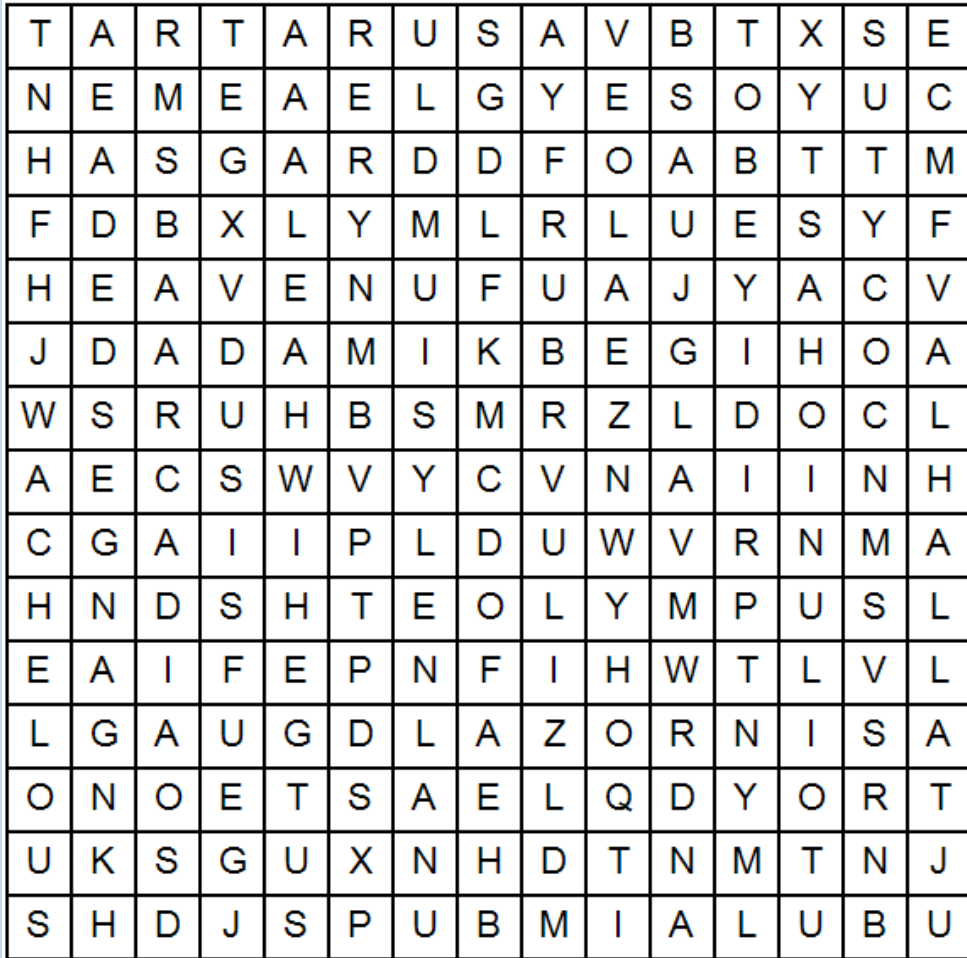
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Word Search.

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Find the Places in Myths

Styx * Achelous * Arcadia * Asgard * Olympus * Atlantis * Bifrost *
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 Midgard * Nemea * Nile * Tartarus * Valhalla * Troy

Our word searches will hopefully inspire people to do some research on the words that are unfamiliar to them. After all, our goal is to further the understanding of our relationship to each other, the gods and the macrocosm. We strive to stimulate the “*expert student*” that resides in all of us. Blessed Be.



During my career as a spiritual advisor, I have mentored people by providing clarity & support.

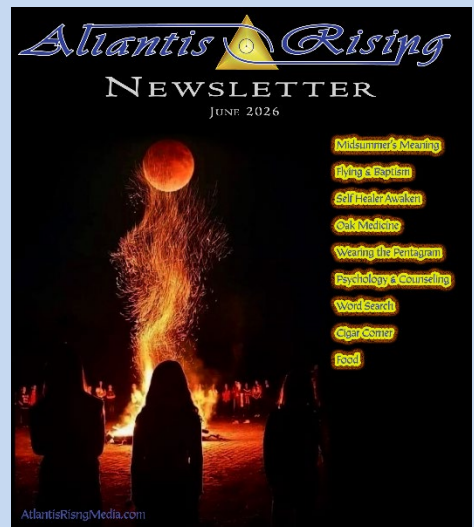
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BUILDING A LITTLE MORE MAGIC IN LAKELAND, FLORIDA

If you've spent any time wandering through Lakeland's small-business community, there's a chance you've stumbled across **LKLD EDGE**. What began as a way to shine a light on local makers, artists and small businesses has slowly grown into something much bigger - pop-up markets, storytelling, books, immersive experiences and, lately, the creation of a few strange new worlds. At the center of that is **Kingdoms & Curiosities**, an ongoing series of immersive market weekends where every event invites visitors into a different "world." One weekend might be filled with bugs, bones and curious specimens. The next could lead you into a gothic kingdom of creatures of the night, winter folklore, fantasy, literature, oddities, art and things that don't always fit neatly onto ordinary store shelves. But something else has started happening along the way.

These events are becoming a gathering place for Lakeland's weird, unusual and wonderfully different.

The artists making things that don't quite belong at a traditional craft fair. The collectors fascinated by the strange and unexplained. The readers, witches, oddity lovers, fantasy fans, goths, makers, misfits and curious people who have sometimes had to travel elsewhere to find spaces that feel like they were created with them in mind. **We want them here.**

There should be room in Lakeland for the strange alongside the traditional. A place where you can show up exactly as you are, discover people who share the things you love, and realize maybe you weren't quite as alone in those interests as you thought. Little by little, that community is finding one another. **LKLD EDGE and Kingdoms & Curiosities are becoming one of the places where they meet.** Underneath all of it is something we care deeply about - giving independent artists, makers, collectors, creators and small businesses a place to be discovered, while giving the people looking for them a place to belong. And now, we're working toward creating a permanent place for a little of that magic.

THE BRIAR & LANTERN

My wife and I are currently working toward opening **The Briar & Lantern**, an independent bookstore + tea house here in Lakeland inside the Lakeland Square Mall. We imagine shelves filled with stories, cups of tea shared over long conversations, cozy corners to disappear into, author events, gatherings and a space where people can slow down for a while. We're currently working toward making that dream real, and over the coming months we'll be sharing different ways for people to become part of the journey.

From books, art and special projects to a few bigger ideas we're preparing behind the scenes, every step is helping us move a little closer to opening those doors.

If you'd like to follow along as **The Briar & Lantern** goes from an idea to a real place, [JOIN HERE](#) - or discover the markets, makers, strange ideas and new worlds happening around Lakeland - come find us on Instagram.

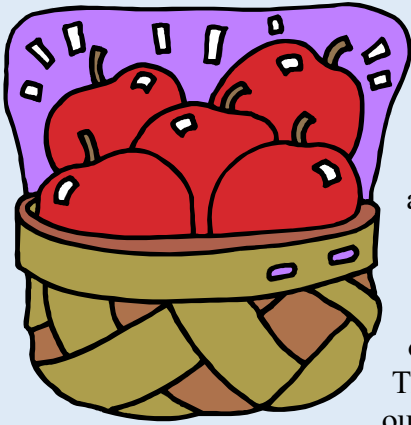
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That's where we share what's coming next, who we're discovering, what we're building and all the weirdness happening along the way. There are a lot of different things happening under the LKLD EDGE umbrella these days but, they all seem to come back to the same thing: **Creating places for people to discover something - or someone - they might never have found otherwise.**

And perhaps there's a little magic in that, too.

Channon Bailey
Owner, LKLD EDGE



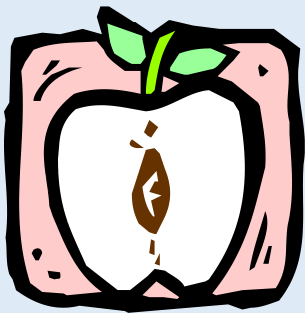
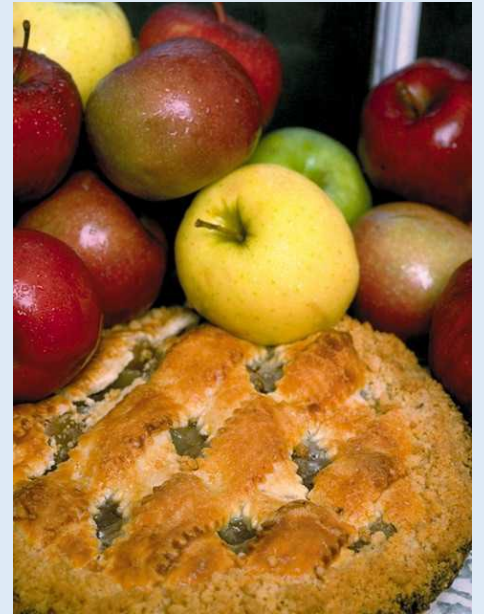


What do you think about when you think of cold weather and Halloween? I think of apples! Apple pies, caramel apples, apple cider, spiced cider and just good ol' plain apples. On the extreme side or the dark side of the secret world of apples there is always the favorite Halloween party activity; dunking for apples. There is nothing like the sight of a half-wooden barrel full of ice-cold water with a bunch of apples floating in it. Oh Yeah! Don't forget the pile of towels next to the barrel.

For the poor people who have never, ever dunked for apples you are missing one of the greatest challenges that has ever existed; well at least for the uncoordinated. Think about it, round red fruit floating in ice cold water and you have to get the apple out of the evil cold water without using your

hands or feet. The only way to accomplish this task, which must have been invented by some masochistic person to begin with, is to plunge your whole face into the ice water, with your mouth open and try to pin an apple against the side or bottom so you can bite into it. This is why you need the towels; no one escapes dry. The object is to come out of the freezing plunge with an apple in your mouth.

If you want to be fancy about your prizes, you can offer a prize for each apple successfully fished out of the torture chamber. Each apple has a prize number written on it with an indelible marker or the person gets to pull a ticket out of a bowl to get their prize, plus they get to eat the apple they earned. If you are offering prizes then the apples seem to take on a personality of their own. They float in the water taunting you with the delicious cold juice and the potential for an extra goodie. This extra goodie is like a chocolate bar to a candy addict. How much of an apple rush junkie are you. I have seen some pretty impressive prizes offered. At some *adult only* parties, people were diving into the water for the offerings; but that is another story.



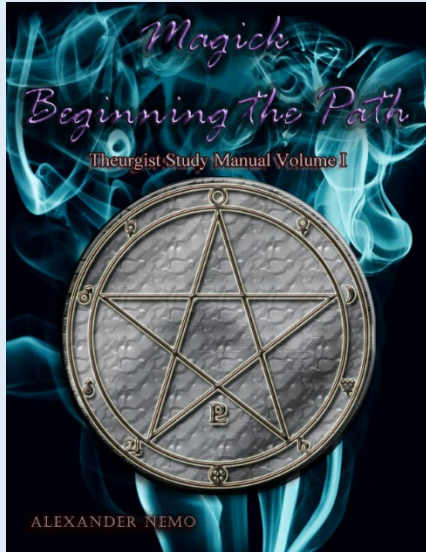
What is the fascination with apples? They do have an interesting history as far as spirituality and mythology goes. They definitely got a bad rap in the bible story with Eve, but we all know that version was taken from an older story where the outcome was very different. On the good side of it, the innocent apple was recognized as a symbol of knowledge; not bad for a fruit. What about the Avalonians? These mystical women, the counterpart to the Druids, viewed the apple as the supreme feminine symbol. Cut an apple in half from the top down and you will see the Yoni symbol complete with seeds, the ultimate symbol of fecundity. If you cut an apple in half across its middle you will see one of the most famous pagan mystical symbols ever; the pentagram. Once again, not bad for a fruit.

How about fairy tales, apples are even star players in them. Look at Snow White, almost done in by a poisoned apple; well, more like a bewitched apple. Here we have Snow White, put to sleep, placed into the realm of the sub-conscious where dreams live; by an apple. Apples are related to the element of water which is related to dreams and the sub-conscious. How was she awakened? By the prince who had his heart captured by Snow White, she was the apple of his eye. Maybe he was just interested in her fecundity. Maybe he wanted to pick her apples. Once again, that's another story.

As a last reference to apples let's look at the Trojan War. What object was used to instigate that war, you guessed it, it was an apple; a golden apple to be exact. When Eris, the only goddess not invited to attend the marriage of Peleus and Thetis, she took a golden apple and inscribed on it, "For the most beautiful." and tossed it into the divine guests. The arguments and jealousy that was brought up by the goddesses arguing over who was the most

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beautiful, ultimately led to the war. Once again, the water aligned apple, touching on peoples' emotions and vanity. Imagine Hera, Aphrodite, and Athena, caught up in an argument started by a fruit. Once again, you know what I'm going to say; not bad for a fruit.



Magick Beginning the Path, is without doubt the best investment you'll ever make for your magickal practice. Step-by-step instructions offer the opportunity to get results quickly. Over 2,000 copies have sold already. Written by Alexander Nemo in order to help people overcome the frustration that is normally felt by practitioners. The practices and perspectives offered here will help you release *personal self judgement*, and the most crippling concept of all, the concept of failure. Nemo's program provides a great foundation for anyone that is either beginning their path or wants to seek new depth and understanding about esoteric study.

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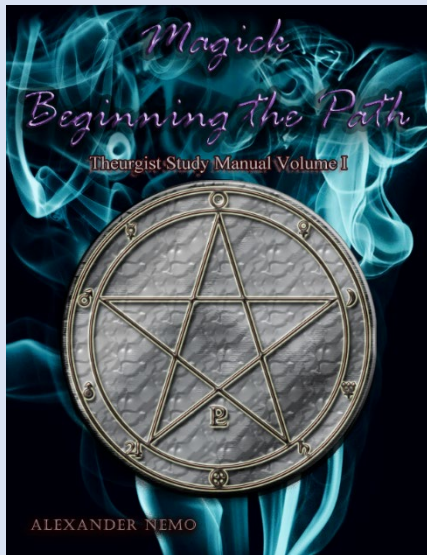
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