

Classes offered through [Atlantis Rising Media Inc.](#)
Presenters are Alexander Nemo and Sultania Spirit



Alexander Nemo

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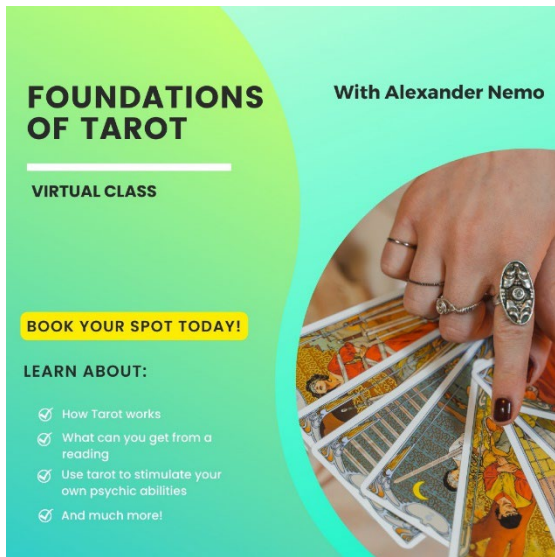
Alexander Nemo's Bio

I have been a practicing psychic for 40+ years and still don't have it right. I have an extremely eclectic background of mystical studies. Although my base philosophies are Buddhist and Taoist in nature, I have worked in Natural Magick, Shamanism, Druidism and Western Occult Studies such as Golden Dawn and Ritual magick. I have devoted most of my time to understanding the Psychic Mechanics of how energy/metaphysical things work.

I have presented classes and done readings around the country and have met fantastic people during the journey. Below is a short synopsis of classes that I offer either In-person or On-line via zoom. I also have classes that are on-demand via video. Classes can be hosted by your shop with me in person but some workshops can also be presented via a zoom link. This allows for questions and interaction.

Below are the classes that Alexander currently offer.



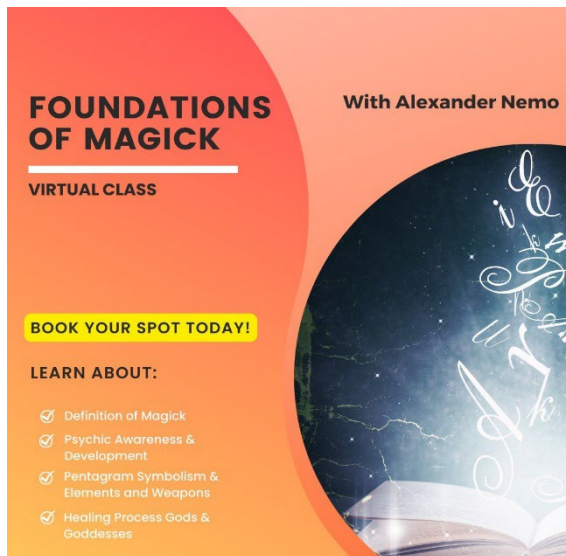


This two-hour work shop will explore the following topics and more:

- Theory of how tarot cards work
- What can a reading provide
- Tarot to stimulate your own psychic abilities.
- Tarot the Royal Road to initiation
- Understanding the energies and events around you.
- Learn how to formulate questions to obtain clear answers.
- Learn what they can and can't do.
- Learn the difference between oracle cards, I Ching, Ogham and Runes as compared to tarot.

Anyone can benefit from these fantastic tools by using simple techniques that will be discussed. No memorization required.

Even if you don't read tarot yourself at this time, you will benefit from gaining a basic understanding of this ancient tradition. In general, tarot cards help stimulate your own psychic abilities from the first day you start working with them. Learn how anyone can benefit from these fantastic tools by using simple techniques with your own cards.



This two-hour work explores the following topics:

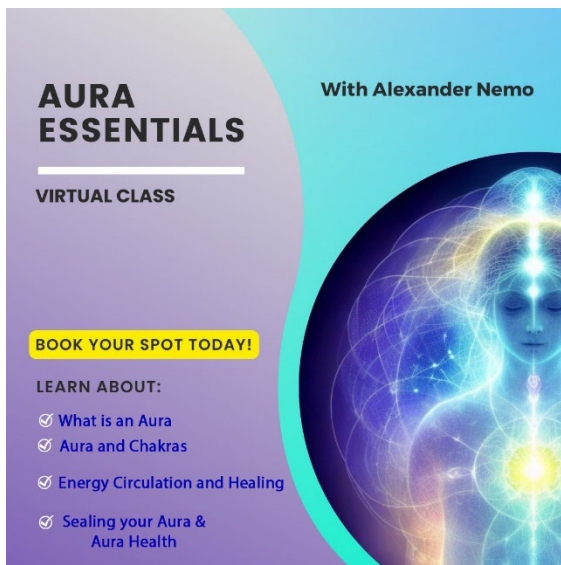
- The definitions of Magick: where we are and, where we are headed.
- Symbolism of the Circle
- Connection between the Sun, the Circle and Higher Self
- The Pentagram: Symbols and associations. Connection to Venus.
- Macrocosm and microcosm
- What is a ritual; its purpose and intent
- Introduction to the 4 elemental forces. Elemental Weapons
- Important and misunderstood terms. Stuff to think about.
- Gods, Goddesses * Invocation * Consecration

Are you interested in Magick?

Do you need a great foundation to build from? Do you need to understand the goals and the terms being used in this pathway?

This is a perfect class to build your understanding of real Magick. This class is geared toward people who have the interest but need some basic knowledge to start with.

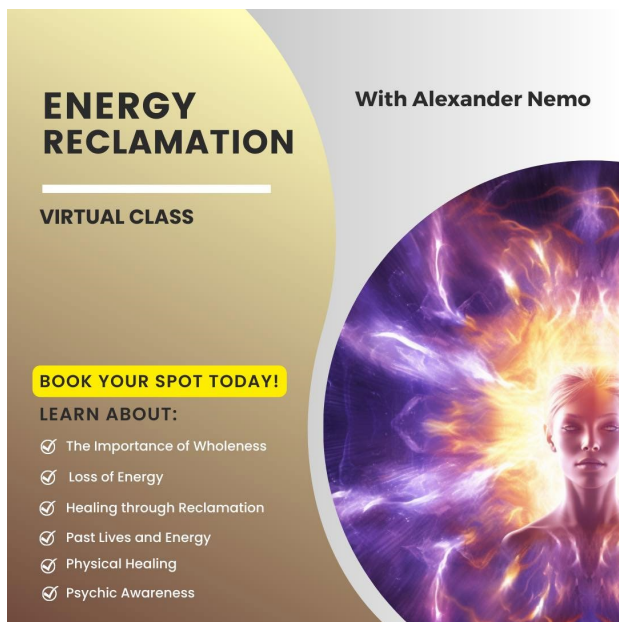




This two-hour workshop includes *hands on* exercises that the class will do together.

- What is an Aura, is there more than one.
- Why are there layers in the aura
- Basic guides to colors in the Aura
- Aura and your chakras
- Energy Circulation and Healing
- Sealing Your Aura
- Your Aura, the Bridge between worlds
- Third eye activation and clairvoyance
- Why can't I see what someone else sees.
- Using Crystals and your Aura
- Incense and smudge for your Aura.

Learn the basic psychic mechanics of Auras and their energy. The more you understand your own personal energy sphere the easier it will be to gain certain insights that will move your awareness upwards to new dimensions. This class involves meditation exercises and work with resin incense. There will be smoke in the room.



This two-hour workshop covers the theory of energy reclamation. This is a process that enables a person to recapture lost energy from Physical trauma and Emotional trauma. Energy reclamation allows a person to actually heal physical problems that are related to past injuries regardless of whether they happened in this life time or past lives.

- The importance of Wholeness
- Loss of Energy
- Healing through reclamation
- Past lives and energy
- Physical healing
- Psychic Awareness
- Increase in Psychic sensitivity from reclamation.

This class does involve meditation exercises from a seated position. Please dress accordingly. This class is the first step in understanding true magickal / spiritual growth. Self-awareness and self-healing are major components of all spiritual work.




**EVERYDAY
MAGICK**

With Alexander Nemo

BOOK YOUR SPOT TODAY!

LEARN ABOUT:

- ✓ Levels of Consciousness
- ✓ Magick of Water
- ✓ Breath * Visualization * Intention
- ✓ Making Food Sacred
- ✓ Sealing Your Aura
- ✓ Prosperity



This workshop is 2 hours. I wrote this class because of the high demand for people wanting to know about magickal things they could easily incorporate into their everyday lives. In this class I go the extra mile and describe specific exercises that fit this bill but I also delve into why they work and how important they are to personal spiritual development.


- Levels of consciousness
- Magick of Water
- Breath * Visualization * Intention
- Making food Sacred
- Sealing your Aura (Empaths rejoice)
- Prosperity
- Develop basic Magickal awareness.

Here is a class for the people who are doing their best to integrate magickal practices into everyday life. Keep in mind that the goal is to just be Magickal all the time but, you have to start somewhere.

Elemental Magick
The Building Blocks

With Alexander Nemo
AlexanderNemo.com

- Elemental Symbols
- Properties of the Elements
- Astral Doorway Work
- Psychology & 4 Elements
- Create a Tattwa Symbol
- Magickal Condensers
- Ritual Weapons
- Elemental Kings



Elemental Magick – The Building Blocks.

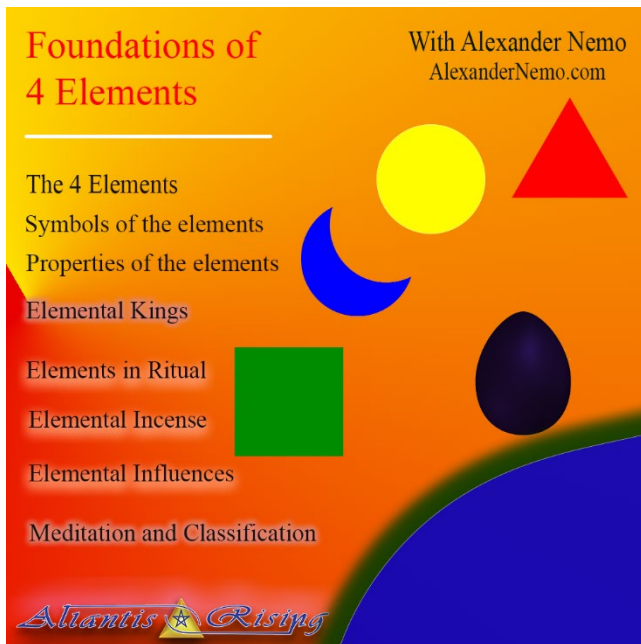
This is a 5-part workshop, each class is 2 about hours long. There is a craft section in which each student produces the Tattwa symbol for the element covered in the class. There is also a meditation section in which all students will be guided through an experience within that elemental realm. This class is designed to set the foundation for further work with the 4 elements in all phases of magickal work. I feel that understanding the concepts, and developing skills, in regards to the 4 elemental forces can provide a great depth to your magickal studies.

Within the 5 classes topics include:

- Elemental Symbols.
- Psychology of the elements.
- Creation of Fluid condensers in magickal work.
- Creation of a doorway for astral/mental traveling.
- Practical use of elements in regards to personal growth and perspective.
- Magickal circle concepts.
- Elemental weapons in Ritual use.

This is a great class for any magickal practitioners looking to expand the scope of their practice.





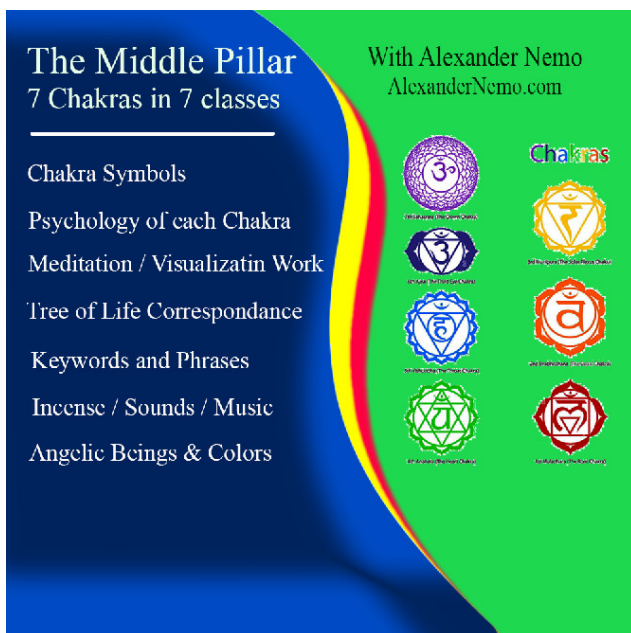
Foundations of the 4 Elements

A two-hour class that will delve into the basics of the Elemental forces known as Earth, Water, Air & Fire. This class is a pre-requisite to *Elemental Magick – The Building Blocks*.

Within this class the instructor will guide you through the following topics and more.

- ✚ Symbols of the Elements
- ✚ Properties of the Elements
- ✚ Elemental Kings and inhabitants
- ✚ Elements in Ritual
- ✚ Elemental Incenses
- ✚ Meditation and Classification

Methods of understanding the elements and how to figure out correspondences. This class is a great way to build a solid foundation within your esoteric studies. There is a great deal of workable knowledge here. Application and uses of the elements will be touched on also.



The Middle Pillar by Alexander Nemo.

This is a 7-part workshop. Each class is about 90 minutes long and will explore a single chakra. We will start working from the root center and move up. A guided meditation section will help students experience the unique energy of each center. I feel that understanding the concepts, and developing skills, in regards to all the chakras will add great depth to your magickal studies, healing abilities, expansion of psychic skills as well as broadening spiritual insights.

Some topics included in each class are:

- Chakra Symbols.
- Psychology of that energy center
- The symbol of the chakra
- Connections to Tree of life and Angelic beings.

- Practical use of meditation/visualization to start the chakra healing process and increase energy flow.
- Key words and statements for each chakra
- Incense and sounds and elemental alignment for each center.

This is a great class for any magickal practitioners looking to expand the scope of their practice.



Pentagram Banishing Ritual; Classical With Alexander Nemo

AlexanderNemo.com

Pentagram Symbolism
 Macrocosm / Microcosm
 Levels of Consciousness
 4 Elements & the Pentagram
 Archangels
 Sacred Names
 Ritual Weapons
 Magick Circle

Banishing Ritual Class ***(Maximum of 10 participants per class)***

This class runs 3 hours or longer and IS very intensive. Be prepared to work. Bring pen, paper etc.

By the end of the class everyone will have a grasp of the following:

- symbolism of the pentagram
- How to draw the pentagram
- How to visualize the pentagram
- Symbolism of the circle and its relationship to the Sun
- Names of power and what they are
- The elemental quarters
- Standard Archangelic and Elemental king correspondences and how to use them.
- How to perform a functional banishing ritual.

This class is for people who want to be able to understand and use the magickal principles and symbolic content found within the Lesser Banishing Ritual of the Pentagram. I will do my best to demystify this ritual. I will go through each section of the ritual so that you understand the symbolism visualizations, sounds and movements, that are contained in it. You will learn and understand, how it works through “hands on” contact and experimentation. By the end of the class, you will be able to do a functional banishing ritual that can be expanded on as you gain experience. You will also be able to apply what you learn in this class to other facets of your ritual work and studies.

Anatomy of a Haunting With Alexander Nemo

AlexanderNemo.com

What is a ghost?
 Atmospheric Haunting
 Nature Spirits
 Aura Protection
 Cleanse a space
Incense
Sounds
Music
 Who are you? Are you stuck?

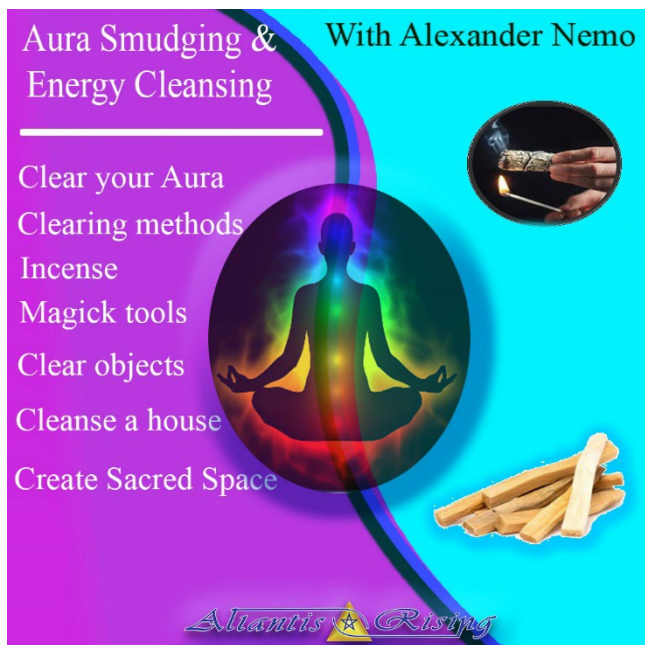
Anatomy of a Haunting.

A class can run for two hours.

- ❖ What is a ghost
- ❖ Atmospheric Hauntings
- ❖ Nature Spirits
- ❖ Haunted Objects
- ❖ Aura Protection
- ❖ Cleanse a Space
 Incense / Sounds / Music
- ❖ Who are you and are you stuck
- ❖ Triggered hauntings and Etheric Impressions

This class is a great way to learn the basics of haunting science. How they get there, are they a Being or an impression. How to help people who are stuck and more. There are so many aspects to what a haunting is or could be. This is good information from when we become other side dwellers once again.





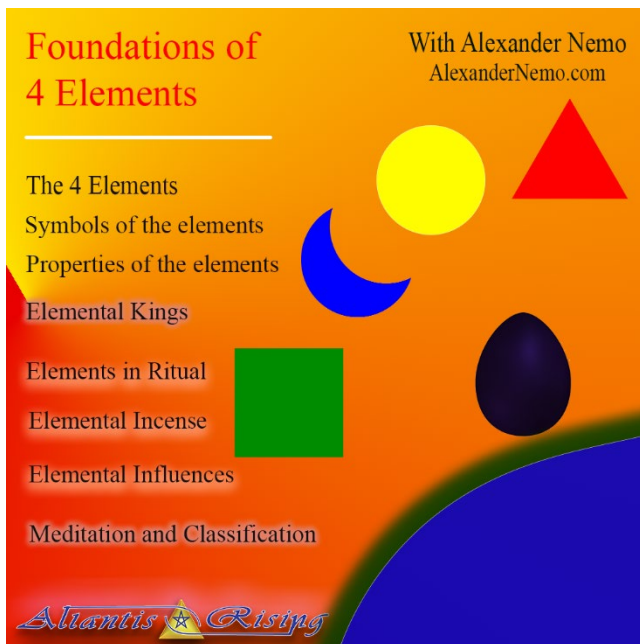
Aura Smudging & Energetic Cleanising

100 Level class – no prerequisite classes required.

This class is about 2 hours in length. Topics to be covered are:

- ✚ Clearing your Aura
- ✚ Various clearing Methods
- ✚ Incense and its use
- ✚ Magickal Tools
- ✚ How to Clear an objects energy
- ✚ Clean a House / living space
- ✚ Creating Sacred Space

This is a down to earth, hands-on class, for people who are looking to understand the basics principles of energetic clearing. We will focus on the auric energy because we carry that around with us all the time. All the exercises presented in the class will provide any student, on any developmental level, results. This is a 100-level class; open to all students no pre-requisites requirements.



Foundations of the 4 Elements

This 2-hour class is an introduction into the principles of the four elements: Earth, Water, Air & Fire. This class is open to all students. This is an entry level (100 level) class.

You will be introduced to the following information:

- ✚ The 4 Elements themselves
- ✚ Symbols of the Elements (western magick)
- ✚ The Elemental Kings
- ✚ Elements in Ritual
- ✚ Elements and Incense
- ✚ Elemental Influences (self growth techniques_
- ✚ Meditation with the elements
- ✚ Classifying life by the 4 elements





Sultania Spirit

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<https://Instagram.com/SultaniaSpirit>



Sultania Spirit's Bio

I have been doing tarot, oracle, readings for the last several years. During my career as a spiritual advisor, I have mentored people by providing clarity and support that they need for their life path development.

The skills I acquired from earning my Bachelor's degree in Education have enabled me to teach workshops in "Spiritual Intent Activity". This inspires people to explore their own creativity.

For private readings, events, and house parties, I offer divination via coffee grounds, as part of the psychic experiences that I offer my clients. Tasseomancy, or coffee-ground reading, has been a family tradition for multiple generations.

Coffee ground readings must be done *in-person*. All other types of readings can be done by phone or Zoom.

Below are the classes that Sultania currently offer.





Discover the ancient art of rattle healing, a powerful practice used for centuries by shamans and healers to clear energy, restore balance, and promote deep relaxation. In this immersive experience, you will be guided through the transformative vibrations of sacred rattles, teaching you how sound can be a gateway to self-healing and spiritual connection.

Through rhythmic sound and movement, rattles work to break up stagnant energy, dispel negativity, and induce a deep meditative state, allowing for profound shifts in body, mind, and spirit.

This class will explore the cultural significance of rattles, the different types and their unique energies, and the rhythms used in energy work and healing ceremonies. You will learn how rattle vibrations influence the nervous system, shift brainwave states for relaxation, and assist in emotional release and balance. A live sound healing demonstration will showcase the power of rattle frequencies in clearing energy fields and restoring harmony. Participants will also be guided through a shamanic journey, using rattle rhythms to enhance intuition, self-awareness, and inner clarity.

Rattle healing is accessible to everyone—no prior experience is needed! Whether you are seeking stress relief, spiritual awakening, or a deeper connection to sound healing, this experience will leave you feeling rejuvenated, grounded, and aligned. Come explore the magic of rhythm, resonance, and renewal in this unique and transformative event. With Sultania Spirit.



Chakra Crystals for Self-Healing

Discover how to use chakra crystals for healing, harmony, and everyday empowerment

Presented by: Sultania Spirit



Awaken Your Energy • Align Your Spirit • Empower Your Journey

Step into the vibrant world of chakra crystals and discover how these powerful tools can enhance your well-being, balance your energy, and support your self-healing journey.

This empowering, hands-on workshop is perfect for anyone seeking to restore harmony within, whether you're brand new to energy healing or looking to deepen your spiritual practice. You'll learn how to connect with your body's energy centers using specific crystals, amplify your intentions, and integrate these high-frequency allies into daily rituals.

What You'll Learn:

- An easy introduction to the 7 chakras and how they influence mind, body, and spirit
- How chakra crystals work — and why they're essential for energy alignment
- The secrets to cleansing and charging your crystals for maximum power
- Healing properties of key chakra stones — and how to choose what's right for you
- The art of wearing, holding, and meditating with crystals for energetic balance
- How to create a chakra crystal grid to amplify your healing intentions
- Powerful techniques to use crystals in meditation, yoga, breathwork, and visualization

Discover how to use chakra crystals for healing, harmony, and everyday empowerment.

You'll leave with a deeper connection to your own energy and the confidence to use chakra crystals for healing, protection, and personal growth. With Sultania Spirit.

Crystals will be available, or bring your own favorite stones.





The Healing Power of Drumming
Class by Sultania Spirit.

Feel the rhythm.
 Clear your mind.
 Recharge your spirit.
 Experience a warm, uplifting, and hands-on drumming experience where sound becomes healing. Drumming has been used for thousands of years across

cultures for ceremony, meditation, and emotional and energetic balance. In this welcoming workshop, you'll learn how rhythm can help you feel grounded, calm, and connected – no musical experience needed.

You'll explore:

- The spiritual history and meaning of drumming
- How to choose and connect with a drum
- Simple drumming meditation techniques
- Creating sacred space
- Cleansing and caring for your drum
- Sacred healing practices
- A guided group healing session

Perfect for beginners and experienced practitioners alike.

Come curious. Leave balanced.



Coloring with Intent for Self-Healing

Class by; Sultania Spirit
RELAX • FOCUS • CREATE WITH PURPOSE

Coloring... but with intention. This isn't just an art activity, it's a gentle way to focus your energy, calm your thoughts, and reconnect with yourself. Using breath, visualization, intent and color, you'll learn how to turn

simple coloring into a mindful, almost meditative practice that supports healing and balance. In this relaxed and welcoming class, you'll explore:

- Breath, visualization & intent techniques
- The power of sacred symbolism
- How color affects energy and emotion
- Color Magick & Chakra color correspondences
- Working with the Tree of Life symbol
- Simple ways to focus and direct your personal energy

No artistic skills needed – truly. All materials provided. Just come and enjoy.

Perfect if you're craving:

- ✨ calmness
- ✨ clarity
- ✨ creativity
- ✨ a peaceful reset

Leave feeling grounded, lighter, and beautifully aligned.

